



Parent Drop Off and Pick Up Procedures

Address:

Break Thru Family Fitness | 48 Union St Stamford, CT

We are located inside of Break Thru Family Fitness - When you arrive to 48 Union St. **Follow along-side the left side of the building past CSP. We apologize for any confusion/ lack of signage as we are currently under-going construction.** Parking is available in any of the lots around the studio space for your convenience.

Drop Off:

- For your child's safety and efficiency, please escort them to the front door of the lobby to sign them in with an instructor or staff member.
- After signing in, kindly wait in the parking lot while we help your child settle into class. This helps keep the lobby area clear and safe for all students.

Pick Up:

- At the end of class, the instructor will bring your child to the lobby for pick-up.
- Please sign your child out with the instructor before leaving.
- If someone else will be picking up your child, please inform us in advance so we can ensure their safety. This policy is for the protection of all students, and we appreciate your cooperation.